



Therapeutic After School Program

From Quest Therapeutic Camps & Squirrel Hill Psychological Services

Quick Facts

- Program consists of three 10-week sessions (Spring, Fall and Winter) each school year
- Children and adolescents attend the after school program once a week from 4 - 6 p.m.
- Children are grouped based on age & ability
- Each child receives an individualized treatment plan
- Activity hour held once a week, to work with children in a naturalistic environment
- One hour of small-group therapy held once a week, to focus on individual goals & group dynamics
- Parent group meetings are held twice per session
- Parents receive both written and verbal feedback about their child's progress
- Parents are given free access to www.directiveparenting.com, an online tool developed by Quest Camps founder Dr. Robert Field

About Quest Camps

For more than 20 years, Quest Camps have provided innovative treatment programs for children aged 6-18 years old. Thousands of children have made dramatic improvements in behavioral, emotional and social functioning because of Quest's unique system that combines recreational activities, behavioral milieu and group psychotherapy.

Squirrel Hill Psychological Services partnered with Quest Therapeutic Camps to bring the program to Pittsburgh in the summer of 2012.

The After School Program offers an opportunity for children to continue their progress and structure from the Summer Program throughout the school year. It can also benefit individuals who did not participate in the Summer Program. With the strains of homework and other activities, the Program provides a time for children to strengthen the critical skills associated with emotional and social intelligence.

Register for Fall, Winter & Spring

Fall: 9/16/16 through 11/18/16

Winter: 1/6/17 through 3/10/17

Spring: 3/17/17 through 5/19/17

Time: Fridays, from 4:15-6:15 PM

Place: Mifflin United Methodist Church, 905 Mifflin Ave, Pgh., PA 15221 (Regent Square)

Cost: \$900 for 10 weeks = \$90/week. Payment plans are available.

Scholarships may be available to those who qualify.

Register your child: questcamps.com

**The first hour of group therapy may be reimbursable through your insurance provider.*

For More Information

Contact April at 412.877.7528 or aartz@squirrelhillpsych.org